

2010 Blue Knight Soccer Camp – REGISTRATION FORM

Please Check the Camp You Would Like To Attend

- Youth Soccer Camp (Boys and Girls Ages 6-12)— Monday, June 28—Friday, July 2 (9 am.—1 pm. Daily)
- High School Preparation Camp (H.S. Freshman—Seniors)— Monday, July 19— Thursday, July 22 (5:30 p.m.—9:30 p.m.)

Name _____ Address _____ City _____ State _____

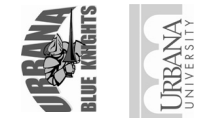
Zip _____ Phone _____ E-Mail Address _____ Position(s) _____

High School/Grad. Yr _____ Club Team _____ Age/Date of Birth _____

Liability Waiver: I, _____, give permission for _____ to participate in the Urbana University Soccer Camp. I understand that injury could occur and will not hold Urbana University or the Clinic Staff responsible.

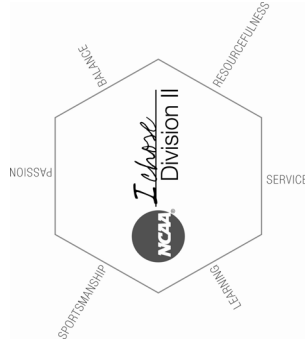
Signed _____ Date _____

MAKE CHECKS PAYABLE TO : Urbana University PLEASE RETURN FORM & CHECK TO: Urbana University Attn: Nick Roberts



Urbana University
579 College Way
Urbana, Ohio 43078

Head Men's Soccer Coach Nick Roberts
Phone: 937-484-1291
Fax: 937-484-1389
E-mail: nroberts@urbana.edu

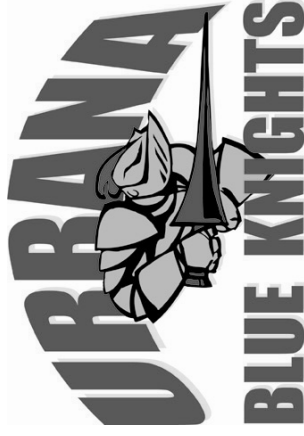


For more information please contact:

Urbana University Camp Director
Head Men's Soccer Coach Nick Roberts
Office Phone: (937) 484-1291
Email: nroberts@urbana.edu

URBANA UNIVERSITY

Building Solid Futures one student-athlete at a time



2010 BLUE KNIGHT SOCCER CAMPS

Youth Camp
June 28-July 2, 2010
High School Camp
July 19-July 22, 2010

The Urbana University Men's Soccer Team, now an NCAA Division II program, is establishing itself as one of the top D-II programs in the state of Ohio. This past season, the Blue Knights finished with a 6-10-1 record against a schedule consisting of several NCAA D-II regional powerhouses. The team's late-season improvement and strong showing against its tough schedule shows the future is bright for Urbana University's soccer program at the NCAA D-II level.

Urbana University is nestled in the heart of Ohio's countryside with top-class soccer facilities, including a new stadium (built in 2006) with seating capacity for 3,000+ fans. The all-weather field is comprised of state-of-the-art field turf, and nearby are updated locker rooms, new weight training facilities and a collegiate-sized swimming pool.

URBANA UNIVERSITY QUICKFACTS

- ♦ Enrollment: 1,220
 - ♦ Founded: 1850
 - ♦ School Colors: Royal Blue & White
 - ♦ Average Class Size: 16
 - ♦ Intercollegiate Sports: 15
- (Men's and Women's Golf, Basketball, Soccer, Swimming, and Cross Country, along with Women's Volleyball, Women's Lacrosse, Softball, Baseball and Football)

If you are a youth soccer player (aged 6-12, both boys and girls) and you are keen to learn and develop your skills, the Blue Knights' Youth Soccer Camp Week is ideal to attend.

If you are high school player (boys only) looking to prepare yourself for the upcoming high school soccer season, the Blue Knights' High School Preparation Week is a great way to prepare for the 2010 season.

Youth Soccer Camp

Ages: 6-12 years old (Boys and Girls)
Dates: Monday, June 28th - Friday, July 2nd
Times: 9:00 a.m. – 1:00 p.m. Daily

9:00-10:00 a.m.—TECHNIQUE
 Players learn correct soccer techniques to play the game at higher levels. Passing, dribbling, shooting, ball control, and goalkeeping. Develop these techniques using coaching methodology that applies to the game.

10:00-10:15 a.m.— Break
10:15-11:30 a.m.—TACTICAL TRAINING
 Reading the game and learning the decision making process. From small side games to full field games (8 vs. 8).
11:30-12:00 p.m.—Light Lunch
12:00-1:00 p.m.—TOURNAMENT GAMES

High School Preparation Camp

Ages: Fall of 2010 H.S. Players (Boys Only)
Dates: Monday, July 19th - Thurs, July 22nd
Times: 5:30 p.m. –9:00 p.m. Daily

5:30-6:30 p.m.—FITNESS/TECHNICAL TRAINING
 Refining players' technical ability with specific training for various positions on the field. Development of the role player in an intense training environment that will increase the individual players aerobic and anaerobic capacity.

6:30-7:20 p.m.—TACTICAL TRAINING
 Training of the back 4, midfield and forwards and the tactical decisions' that link the 3 units together. Training and coaching individual roles and responsibilities within the framework of a team.

7:20-8:40 p.m.—Break/Discussions with Coaches
 This time will allow the players to "pick the brains" of college coaches and players on the skills needed to perform at the higher levels of the game. Discussions will include ideas on fitness, mental training, diet and lifestyle of the collegiate athlete, and individual training programs to develop the complete player.

8:45-9:00 p.m.—II vs. II GAMES
 Put all components of the game together (technique, tactics, fitness, the psychological game) in a full game environment.

Cost: \$115.00 per camper for the week
Teams are welcome! Sign up 15 or more players from a team to receive a 10% discount.

2010 CAMP DIRECTOR



Nick Roberts

-Urbana University Head Men's Soccer Coach (3rd Yr.)
 -Former Assistant Coach at Wittenberg University (2006-2008)

-Director of Coaching and Player Development, Santa Rosa United Youth Soccer Club, California (2002-2006)

-Former Assistant Coach for the Columbus Crew, Major League Soccer (1997-2001)

-Former professional player/head coach, Columbus USL

-Former All-Conference Collegiate Player, Mercyhurst College, Erie, PA

-National Soccer Coaches of America – Premier Coaching License

-United States Soccer Federation National 'A' License

-English FA Preliminary Coaching License

The camps' Coaching Staff will consist of Coach Roberts' staff at Urbana University, along with Urbana's collegiate players.

For any questions, you may call Coach Roberts at (937) 484-1291

